

HEATHER S. BERMAN, ESQ.

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Of Counsel



Heather S. Berman focuses her practice on the defense of management in all stages of employment and labor law litigation in both state and federal court. She defends litigation brought under federal employment discrimination statutes such as Title VII, the ADEA, the ADA, the FMLA, and New Jersey equivalents including the LAD, CEPA and the FLA.

In addition to her litigation practice, Heather counsels employers on employee handbooks, policies, performance improvement plans, disciplinary materials and separation agreements and releases. Prior to joining NFC, Heather spent over four years as a human resources professional and compliance officer for a private sector investment firm. Prior to that, she worked as an HR Associate at Ambrose Employer Group, a professional employer organization. Her years of experience in the corporate world as an HR professional bring a unique perspective to her practice.

HONORS AND AWARDS:

- SuperLawyers Rising Star, Employment & Labor (2014, 2017-2020, 2022)

PROFESSIONAL EXPERIENCE:

- Putney, Twombly, Hall & Hirson, LLP
 - Law Student Intern (2011-2012)
 - Summer Associate (2011)
- Paulson & Co. Inc.
 - Compliance Officer & HR Coordinator (2008-2010)
 - Junior Compliance Officer & HR Coordinator (2006-2007)
- Ambrose Employer Group, LLC
 - Human Resources Associate (2004-2006)

EDUCATION:

- Fordham University School of Law (J.D., 2012)
- Cornell University, School of Industrial and Labor Relations (B.S., 2004)

BAR ADMISSIONS:

- State of New Jersey (2012)
- United States District Court, District of New Jersey (2012)
- State of New York (2013)