
Of Counsel



Holly English is a seasoned practitioner with the Firm's Counseling Department. She has counseled hundreds of clients through complex counseling issues to reach desired results while keeping legal risks low. Holly has counseled management on issues such as hiring, wage and hour, leaves of absence, severance and employment contracts, disability and accommodation, restrictive covenants, termination, and employee handbooks and policies.

Holly provides training and facilitation to managers, employees, human resources professionals and others on a variety of ever-expanding topics, including anti-harassment/antidiscrimination, unconscious bias, prevention of bullying, effective communication techniques, upstander approaches, disability issues, effective performance management and many other customized training programs depending on a client's priorities. She has designed training materials and innovated her training techniques to provide lively and interactive sessions that not only provide important information but also keep audiences interested and focused. Holly also conducts internal investigations for sensitive issues of workplace misconduct. In her employment law career, Holly has also represented management in disputes with federal and state administrative agencies relating to discrimination and wage-and-hour issues and defending companies in discrimination lawsuits in federal and state courts.

She is the author of "Gender on Trial: Sexual Stereotypes and Work/Life Balance in the Legal Workplace", published in 2003 by Law Journal Press, a division of American Lawyer Media. Holly is a Past President of the National Association of Women Lawyers (NAWL, 2007-08). Previously, as a consultant, she English worked in the U.S. and internationally with corporations, government units and not-for-profit organizations, helping to align core values for maximum performance.

AWARDS & HONORS:

- Selected as a WPO Women 2 Watch member (2019)
- Listed in Super Lawyers, Labor & Employment (2009 – Present)
 - Top 50 Women Lawyers in New Jersey, Super Lawyers (2012 – 2018, 2020)
 - Top 100 Lawyers in New Jersey, Super Lawyers (2013 - 2018)
- Listed in Chambers USA Guide, Labor & Employment (2012 - Present)
- Recognized in "The Best Lawyers in America", Labor and Employment (2023 - Present)
- Women's Initiative and Leaders in the Law (WILL) Award from New Jersey Women Lawyers Association (2010)

PROFESSIONAL EXPERIENCE:

- Post, Polak, Goodsell, MacNeill & Strauchler, P.A., Roseland, NJ
 - Counsel (2004 – 2011)

PROFESSIONAL EXPERIENCE: *(Continued)*

- Values Consultant, Montclair, NJ (1999 - 2004)
- St. James Ethics Centre, Sydney, Australia
 - Values and Ethics consultant to corporations and government units (1996-1999)
- Cooper, Rose & English, Summit, NJ
 - Associate Attorney (1990 -1996)
- Connecticut Law Tribune, Stamford, CT
 - Executive Editor/Reporter (1985 - 1988)

JUDICIAL CLERKSHIP:

- The Honorable Daniel J. O'Hern (1983 - 1984)
 - New Jersey Supreme Court

EDUCATION:

- Boston College Law School (J.D., 1983)
- Cornell University (A.B., 1978)

BAR ADMISSIONS:

- State of Connecticut (2020)
- State of New Jersey (1993)
- Commonwealth of Massachusetts (1983)
- United States District Court for the District of New Jersey (1993)
- United States District Court for the District of Massachusetts (1983)

RECENT SPEAKING ENGAGEMENTS:

- Linking Diversity Goals to Compensation, Nukk-Freeman & Cerra, PC, Webinar (June 2022)
- COVID Return to Work - Timely & Relevant Issues That Every Employer Should Prepare For, Nukk-Freeman & Cerra, PC, Hot Topics in Employment Law Seminar (November 2021)
- Next Level DEIB: Strategies from the Top Down & Bottom Up, NAMWOLF Annual Conference (October 2021)
- What to do NOW to Get Ready For Employees Returning to Work, Panelist on Redefining the 9 to 5, moderated by The Upside (April 2020)
- Battling the Bully: My Way or the Highway, Nukk-Freeman & Cerra, PC, Hot Topics in Employment Law Seminar (November 2019)
- Essential Tactics to Combat Unconscious Bias, NJHA (April 2019)
- Legislative Updates and Employment Law Trends for 2019, NJSBA Business Law Symposium (April 2019)
- Legislative Updates and Employment Law Trends for 2019, Nukk-Freeman & Cerra, PC, Webinar (February 2019)

RECENT PUBLICATIONS:

- The People Issue: Six tips for managing a merger, BC Law (Spring/Summer 2003)
- Instead of Layoffs, Try Flexible Work Arrangements, New Jersey Law Journal (Feb 17, 2002)
- The Pros and Cons of Private Practice, New Jersey Law Journal (May 20, 2002)
- Managing Culture Shock, Law Practice Management, (publication of ABA Practice Management section) (May-June 2001)
- How strong core values can make your organization more successful, Front & Center (publication for the Center for Non-Profit Corporations) (June/July 2000)
- Hiring for Values, Executive Excellence (May 2000)

QUOTES/INTERVIEWS:

- CBS Evening News: Interview for program on pregnancy discrimination issues (May 2006)
- New Jersey Monthly: Interview with Steve Aduato, One on One, on Comcast Television (January 2005)
- Chicago Lawyer: quoted in Gender Gap in Salaries Starts Right After Law School, By Jamie Levy Pessin (January 2005)
- ABA Journal: quoted in Redefining Relationships: You don't have to lose your Associate friends when you make Partner, by Jenny B. Davis (October 2003)

INTERESTS & INVOLVEMENTS:

- Montclair Art Museum, Montclair, NJ, Board Member/Board of Trustees (2012- Current)
- Board of the New Jersey Women's Forum, Member (2009- Present)
- President's Council of Cornell Women, Member
- Newark Regional Business Partnership (2011)
- Zoning Board of Adjustment, Board Member, Montclair, NJ (2004 –2011)
- Jazz House Kids, Legal Counsel, Montclair, NJ
- Essex Youth Theater, Board Member and President, Montclair, NJ (1994-1996)

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